

BALLISTIC VOLLEYBALL

Winter/Spring 2019
HANDBOOK

Who are we and what do we offer?

We provide a positive environment for players to learn and think: Our players learn above and beyond the knowledge and skills necessary in their sport and learn valuable life lessons in the process.

A main priority- the best coaching: All of our coaches are carefully selected. They are expected to grow and learn with the club. They are also required to:

- 1. Have a high level of knowledge of the game.**
- 2. Have earned great reputations within their community.**
- 3. Have a competitive nature.**
- 4. Utilize positive methods of teaching.**

Our coaches have high expectations and are continually making and creating new goals for them and their teams.

The services we offer are systems for self-improvement. We will never suggest or peddle anything that we don't see as the best value of your time, effort and money. Thanks for choosing us. Please read through this handbook fully to ensure your player will be able to participate and abide by all policies.

Services Available in Winter 2019

- **3-month teams 18yrs-13yrs-**

Players practice 2x per week, one 2-day tournament per 3 months. 6 total tournament dates minimum. Tournaments within 1 hr drive of Lansing (1 two-day tny + 4 one-day = 6 dates)

Cost: \$650 payments divided into 2x, returning members discount -\$50

When: 12/3 to End of February (last tournament in Feb marks end)

Practices are Mondays and Thurs at Aim High

- **6-month Regional teams 18yrs-14yrs**

Players practice 3x per week, at minimum two 2-day tournaments. 12 tournament dates minimum. Tournaments (most are MI) in Michigan, North Indiana or Northern Ohio(1 two-day tny + 4 one-day = 6 dates)

Cost: \$1400 payments divided into 4x

When: 12/3 to End of May (last tournament in May marks end)

Practices are Monday Thurs and Sun at Aim High

- **6-month National teams Age 16u**

Players practice **3x** per week, several 2-day tournaments, 14 total tournament dates minimum. Tournaments (most are MI) in Michigan, Illinois, North Indiana or Northern Ohio (1 two-day tny + 4 one-day = 6 dates)

Cost: \$2800 payments divided into 4x

When: Dec 3-End of May (last tournament in May marks end)

Practices are Monday Thurs and Sun at Aim High

- **Youth teams (12 yrs and under)**

Players practice 2x per week, 4 dates of tournaments minimum

Cost: \$450 payments divided into 2x, returning members discount \$50

When: Dec 3-End of February, Practices are Monday & Thurs at Aim High

- **Youth teams (10 yrs and under)**

Players practice 2x per week, 2 dates for tournaments minimum

Cost: \$300 payments divided into 2x

When: Dec 3-end of February, Practices are Monday & Thurs at Aim High

Uniforms

- 3 month teams: Players will receive a warm up shirt and spandex shorts which they may keep. All Players will also receive a “game jersey” to be used during competition. The “game jerseys” must be returned at end of season.
- 6 month regional: Receive two game jerseys, two pair spandex shorts, practice shirt, travel shirt, must return jerseys at end of seasons the rest they may keep.
- 6 month national: Receive two game jerseys, two pair spandex shorts, two practice shirts, knee pads. If it is their first year they must purchase a Ballistic backpack (\$60).

Info on Tryouts

Players **MUST** tryout with their grade. This does not mean they will be teamed up with all the same age, evaluations are based on ability. Players could be asked to play up in age level but cannot play down. Ballistic staff will determine teams based on several criteria but is based on what is best for the kids, their team, and the ability to compete at the team level. All players must attend a tryout to play, even previous season Ballistic players. If you can't make the tryout dates, please contact us.

After tryouts teams will be selected by our staff, and each player emailed within 48 hours. If a player is placed, they will need to reply immediately with a commitment statement. Once all commitments are in, only then will the entire team be emailed and teammates will be revealed, and practice times etc. Reminder: half fees are due at the first team practice.

Practices: Important!

Practices will begin on 12/3 and end on the last tournament date for each team (Around Feb 29th for 3-month teams and around May 29th for 6-month teams).

If your athlete cannot attend practice, we need to be notified in advance (written via email or text). Missing practices affects our plans and quality of practice. Missing practices could affect play time, or if occurring often could be cause for removal from the team. Practices could be changed or cancelled due to dangerous weather/driving conditions. They could also be changed due to gym availability or other issues. We suggest checking emails often and having your coach's phone number. The coach will work to keep everyone updated on changes.

Club practices and events are not scheduled during winter break or spring break. No practices or matches are scheduled during that time. Practices are at Aim High Sports Complex (could be other locations if necessary)

Team schedules are sent to players after tryouts and after player acceptances are made. **Practice schedule requests can be written on tryout forms** and will be considered.

Tournaments

TBA dependent on team needs

Club Fees

Payments may be made in installments. **The first payment is due at the first practice on 12/3.** We accept cash or check made payable to Ballistic. We also now accept debit/credit cards (convenience fees apply). **The 2nd payment will be due January 21st.** **Not paying or properly communicating with Ballistic about payments could result in your player being suspended until payment is made.** Please help us avoid such situations by being timely with payments and/or communications.

Refund Policy and Payment Schedule

Due to costs incurred by the participant's registration, NO REFUNDS will be issued once the season has begun. In the case of an injury documented by a physician that an athlete cannot continue with a program, a refund could be issued at a prorated amount at the discretion of the director. A player who is dismissed from the program for behavioral deviance will not receive a refund.

Positions/Teams/Playing Time

All players are given an equal chance to participate and learn at practices. However, we do not guarantee a certain amount of playing time during competitions. It is at the discretion of the coach for determining playing time. All players will play during competitions, but the amount of play is not and should not be quantified.

The value of the club experience comes from the experience of being part of a team/unit, gaining knowledge and skill in practices, and quality of coaching. If a parent has a question related to play time it should be asked in private with the coach at least 24 hours after competition. This assures cool-down time and a clear reflection of the situation by both parties.

Many of our coaches are involved with school sports outside of Ballistic Volleyball Club. Players who participate in this club are not given advantaged placement for their school teams. **Ballistic Volleyball as a club does not assume any direct affiliation with any schools** or have any control over team placement outside of its own club teams.

Travel/Lodging

It is the sole responsibility of the parent(s) to get players to and from practice and to and from games. Ballistic Volleyball will not provide transportation. We encourage that players and families carpool to events to save money. It is also the parent(s) responsibility to take care of lodging if needed. There will be some instances where families might want to stay the night in a hotel; Ballistic Volleyball is not responsible for that stay. Also, if you stay in a hotel room you are responsible for your child and or other parent(s) child. Misconduct of any kind will not be tolerated.

Sportsmanship Behaviors

All people associated with the game are always expected to act with sportsmanship, dignity and respect for others. This includes coaches, parents, players.

Poor sportsmanship includes:

- 1· Arguing with coaches, officials, teammates, opponents or spectators
- 2· Threatening or use of profane language
- 3· Baiting or taunting coaches, officials, teammates, opponents or spectators
- 4· Unsafe play

Poor sportsmanship will carry, **at a minimum**, the following consequences:

First Offense Verbal Warning or dismissal from the game

Second Offense Dismissal from the team

Parents and players must understand that there is no refund or recourse for dismissal from our program as a consequence of breaking this Code of Conduct. Ballistic and its staff are not liable for any emotional distress incurred.

Safety

Player safety is extremely important to Ballistic staff. Staff is trained to be aware of suspicious or dangerous activity and take necessary steps. One of our policies is the 3-person rule that all players and staff must not be alone with less than 3 persons (unless in a special situation a parent is aware and consents). Outside of practice and tournament-games, parent/guardians are responsible for maintaining safety for the athlete. Safety does not include bodily harm/injury that has a probability in sports.

Bodily Harm/Injury

Ballistic will provide players with an AAU Membership. AAU membership is a limited insurance policy and is required to play in AAU events. A copy of the membership may be sent to you upon your request. Ballistic is not responsible for any injury that could occur in participation. Athletes must know that there is risk of injury in sports and everyone is responsible for their own medical bills or physical ailments incurred through injury. Please read the coverages included in AAU membership carefully and determine if it is adequate coverage for your needs. AAU insurance coverages can be found at AAUSPORTS.ORG

Catalog Orders and Webstore Orders

Ballistic offers apparel and equipment for purchase as a liaison for other vendors. Ballistic is not responsible for dissatisfaction of purchased items, and refunds will not be given except on a per-situation basis. Custom printed or embroidered items are not refundable. Damaged items are also not refundable.

Social Media Outlets

You can find Ballistic and “like” our page on Facebook under Lansing Ballistic Volleyball for regular updates.

We are also on Instagram #lansingballistic

Ballistic reserves the right to moderate its social media outlets as we deem necessary.

Ballistic is in constant development of new ways to communicate such as mobile and desktop applications. When an application from Ballistic is published, misuse or abuse is not tolerated and should be reported immediately. Ballistic is not responsible for the way its software is used.

Fundraising

Ballistic offers ways to help pay for fees for families that need it. Details of these fundraisers will be available at the first team meeting.