

BALLISTIC VOLLEYBALL

Winter/Spring 2020 Club Teams
HANDBOOK

Ballistics' focus includes but is not limited to: **1. coaching, 2. value and opportunity, 3. improving the process, and 4. keeping it fun!**

Coaches have the greatest impact on the players total quality of experience. We put strong emphasis on obtaining, training, and growing with the best coaches. They are required to:

- 1. Have a high level of knowledge of the game.**
- 2. Have earned great reputations within their community.**
- 3. Have a competitive nature.**
- 4. Utilize positive methods of teaching.**

Our methods are centered around real scientific work and we collaborate with the best affiliate programs to keep our training top-notch. The services we offer are systems for self-improvement. **Please read through this handbook in its entirety to ensure you and your athlete will be able to participate and abide by all policies.**

Services Available in 2020: Club Teams, Mini-Games Leagues, Camps/Clinics, and Other Events/Tournaments.

CLUB TEAMS SUMMARY

Ballistic Club Teams are intended for the athlete looking for maximum development benefits. These teams compete against other AAU teams in the state and country.

No practices or tournaments during Winter Break or Spring Break

3-month teams 18yrs-13yrs (Winter season and/or Spring)-

Players practice 2x per week, 5 total tournament dates minimum. Tournaments within 1.5 hr drive of Lansing (1 two-day tny + 3 one-day = 5 dates)

Cost: \$650 payments divided into 2x, returning members discount -\$50

When: **Spring season:** Feb 27th to late May

Practices are Tues and Thurs at Lansing City Arena

Youth Teams 3-month (12 years and under)

Players practice 2x per week, 4 dates of tournaments minimum

Cost: \$450 payments divided into 2x, returning members discount -\$50

When: **Spring season:** February 27th to late May

Practices are two days a week at Lansing City Arena (Likely Tuesday & Thursday)

• Youth Teams 3-month (10 years and under)

Players practice 2x per week, 2 dates for tournaments minimum

Cost: \$300 payments divided into 2x

When: **Spring season:** Feb 27th to late May

Practices are two days a week at Lansing City Arena (Possibly Tues & Thurs, or Tues & Fri)

• 6-month teams 18yrs-13yrs (offered under Ballistic discretion only)

If your player is asked to join a 6-month team the details will be offered to you over the phone after tryouts.

CLUB TEAMS DETAILED

Info on Tryouts -Frequently Asked

Players MUST tryout with their grade. This does not mean they will be teamed up with all the same grade, evaluations are based on ability. Players could be asked to play up in age level but cannot play below. The cut-off date for birthdays in AAU is 9/1 any birthdays after that play up. Ballistic staff will determine teams based on several criteria but is based on what is best for the kids, their team, and the ability to compete at the team level. All players must attend a tryout to play, even previous season Ballistic players. If you can't make the tryout dates, please contact us.

After tryouts teams will be selected by our staff, and each player emailed within 72 hours. If the player made a team, they will need to reply immediately with a commitment statement. **If we do not receive a reply 24 hrs after acceptance email is sent, the player will lose their spot with the team.** Once all commitments are in, only then will the entire team be emailed and teammates will be revealed, and practice times etc. Reminder: half fees are due at the first team practice.

Practices: Important!

If your athlete cannot attend practice, we need to be notified in advance (written via email or text). Missing practices affects our plans and quality of practice. Missing practices could affect tournament play time, or if occurring often could be cause for removal from the team. Practices could be changed or cancelled due to dangerous weather/driving conditions. They could also be changed due to gym availability or other issues. We suggest checking emails often and having your coach's phone number. The coach will work to keep everyone updated on changes.

Team schedules are sent to players after tryouts and after player acceptances are made. Practice time requests or weekend conflicts can be written on tryout forms and will be considered.

Tournaments

TBA dependent on team needs. Tournament dates are announced after the team is confirmed in entirety, usually within a week of tryout date. Please see team summary on page 1 and 2 for how many dates will be scheduled.

Club Team Fees-Frequently Asked

Payments may be made in installments. **The first payment (half total fees) is due at the first practice, no exceptions.** We accept cash or check made payable to Ballistic. **The 2nd payment is due 4/14 (Spring teams).** **Not paying or properly communicating with Ballistic about payments could result in your player being suspended.** Please help us avoid such situations by being timely with payments and/or communications.

Positions/Teams/Playing Time-Frequently Asked

All players are given an equal chance to participate and learn at practices. However, we do not guarantee a certain amount of playing time during competitions. It is at the discretion of the coach for determining playing time. All players will play during competitions, but the amount of play is not and should not be quantified.

The value of the club experience comes from the experience of being part of a team/unit, gaining knowledge and skill in practices, and quality of coaching. **If a parent has a question related to play time it should be asked in private with the coach at least 24 hours after competition.** This assures cool-down time and a clear reflection of the situation by both parties.

Many of our coaches are involved with school sports outside of Ballistic Volleyball Club. Players who participate in this club are not given advantaged placement for their school teams. Ballistic Volleyball as a club does not assume any direct affiliation with any schools or have any control over team placement outside of its own club teams.

Volt Workouts and positional training

For athletes participating in any club programs and are 14 years or older, they are provided included membership to our workout program, with login to the app and access to our workout equipment before or after practices at scheduled times. This membership lasts throughout the participating season. See more details at <http://ballisticvolleyball.com/other-services.html>.

Uniforms

For each new year at Ballistic, players will receive a warm-up shirt and spandex shorts which they may keep. All Players will also receive a “game jersey” to be worn during competition. The “game jerseys” must be returned at end of season.

Refund Policy

Due to costs incurred by the participant’s registration, NO REFUNDS will be issued once the season has begun. In the case of an injury documented by a physician that an athlete cannot continue with a program, a refund could be issued at a prorated amount at the discretion of the director. A player who is dismissed from the program for behavioral deviance will not receive a refund.

Travel/Lodging

It is the sole responsibility of the parent(s) to get players to and from practice and to and from games. Ballistic Volleyball will not provide transportation. We encourage that players and families carpool to events to save money. It is also the parent(s) responsibility to take care of lodging if needed. There will be some instances where families might want to stay the night in a hotel; Ballistic Volleyball is not responsible for that stay. Also, if you stay in a hotel room you are responsible for your child and or other parent(s) child. Misconduct of any kind will not be tolerated.

Sportsmanship Behaviors

All people associated with the game are always expected to act with sportsmanship, dignity and respect for others. This includes coaches, parents, players.

Poor sportsmanship includes:

- 1·Arguing with coaches, officials, teammates, opponents or spectators
- 2·Threatening or use of profane language
- 3·Baiting or taunting coaches, officials, teammates, opponents or spectators
- 4·Unsafe activity during events or practices.

Poor sportsmanship will carry, **at a minimum**, the following consequences:

First Offense- Verbal or Written warning or suspension at the discretion of Ballistic

Second Offense- Dismissal from the team

Parents and players must understand that there is no refund or recourse for dismissal from our program as a consequence of breaking this Code of Conduct. Ballistic and its staff are not liable for any emotional distress incurred.

Safety

Player safety is extremely important to Ballistic staff. Staff is trained to be aware of suspicious or dangerous activity and take necessary steps. One of our policies is the 3-person rule that all players and staff must not be alone with less than 3 persons (unless in a special situation a parent is aware and consents). Outside of practice and tournament-games, parent/guardians are responsible for maintaining safety for the athlete. Safety does not include bodily harm/injury that has a probability in sports.

Bodily Harm/Injury

Ballistic will provide players with an AAU Membership. AAU membership is a limited insurance policy and is required to play in AAU events. A copy of the membership may be sent to you upon your request. Ballistic is not responsible for any injury that could occur in participation. Athletes must know that there is risk of injury in sports and everyone is responsible for their own medical bills or physical ailments incurred through injury. Please read the coverages included in AAU membership carefully and determine if it is adequate coverage for your needs. AAU insurance coverages can be found at AAUSPORTS.ORG

Apparel Orders

Ballistic offers apparel and equipment for purchase as a liaison for other vendors such as t-shirts, backpacks, etc. Please ask a coach to see apparel after practices. Refunds will not be given except on a per-situation basis. Custom printed or embroidered items are non-refundable. Damaged items are also not refundable.

Social Media Outlets

You can find Ballistic and “like” our page on Facebook under Lansing Ballistic Volleyball for regular updates. We are also on Instagram #lansingballistic
Ballistic reserves the right to moderate its social media outlets as we deem necessary.
Ballistic is in constant development of new ways to communicate such as mobile and desktop applications. When an application from Ballistic is published, misuse or abuse is not tolerated and should be reported immediately. Ballistic is not responsible for the way its software is used.

Fundraising

Ballistic offers ways to get financial help for club fees to families that need it. Details of these fundraisers will be available upon request. Early communication is necessary to be eligible and there is not a specific amount of aid that is guaranteed from those programs.